

## **FIRST STEPS COUNT INC. CHILD AND FAMILY CENTRE**

The Service model for First Steps Count has three components:

1. Services delivered by the centre
2. Services delivered by partners that operate from the centre on a regular or occasional basis
3. Services delivered by agencies which are partners of the Centre but do not conduct their operations on site

Services delivered by the Centre:

- Child Care Services Taree and Districts (CCST&D)- resident service provider which conducts a number of government funded early childhood programs e.g. Five Star Family Day Care and Communities for Children (CfC)
- Services which will operate from the Centre include:
  - Antenatal programs
  - Nutrition/healthy eating/cooking demonstrations (community garden and bush tucker garden on site)
  - Personal Development/Life Skills training/ Budgeting
  - Triple P program
  - Kids Can
  - Bringing up Great Kids parenting course
  - One on one parenting assistance
  - Transition to School
  - Supervised Playgroups
  - Positive Partnerships- Autism
  - Speech Therapy- Hanen Learn to Talk program
  - Physiotherapy
  - Occupational Therapy
  - Dad's Program
  - Trauma Counselling
  - Paediatrician -consultant
  - Early Childhood Nurse support

Services delivered by agencies which are partners but do not conduct their operations on site will include:

- Snugglepot Day Care Centre (in the precinct)
- Good Beginnings Taree- Play and Learn program (in the precinct)
- Early Intervention Service (in the precinct)
- Manning Gardens Pre School
- Uniting Care Burnside-child and parent programs
- Intalink Therapy Solutions (Valley Industries operation)
- Biripi Preschool
- Benevolent Society Family Referral Service (Taree)
- North Coast TAFE
- Biripi Medical Service

- Newpin (UnitingCare Burnside, Intensive Family Support program, planned for establishment in Taree)

NBN network will facilitate:

- Websites accessed by families
- Parenting support sites eg
  - Families NSW supporting families to raise children
  - Quiet Parenting: Australia's first live online parent education program
  - Raising Children Network
- Ongoing training for professional via video conferencing
- Counselling and therapists advice